

**Kinesiology, Undergraduate and Graduate, Faculty of Health**

**Cyclical Program Review – 2004 - 2011**

**Final Assessment Report and Implementation Plan\_Executive Summary**

**Reported to Joint-Committee on Quality Assurance: April 15, 2015**

**Program description:**

Studies at the undergraduate level lead to the Bachelor of Arts in Kinesiology & Health Science (BA) or Bachelor of Science in Kinesiology & Health Science (BSc). In 2010 the program met CCUPEKA accreditation standards in Kinesiology. In addition two strong optional certificate programs are offered:

Fitness Assessment and Exercise Counseling  
 Athletic Therapy

MA/MSc, MFSc and PhD degrees are offered at the graduate level. The Master of Arts/Science degrees is thesis based and the Master of Fitness Science degree is course based, a somewhat unique graduate program that is in high demand in the community.

Program	Accepts 2013	Enrolment FTES 2013	Degrees Awarded 2013
UG – Major 1, Major 2, Minor - <b>2877</b>	890	2898	Hons – 480 Certificates - 39
Master’s - <b>54</b>	39	67	36
PhD - <b>85</b>	9	50	9

**Reviewers appointed by the Vice-Provost Academic:**

Dr. Janet Starkes, Professor Emeritus, Department of Kinesiology, Faculty of Science, McMaster University

Dr. Art Quinney, Professor Emeritus, Faculty of Physical Education and Recreation, Senior Advisor to the Provost, University of Alberta

Dr. Sheila Embleton, Professor, Department of Languages, Literature and Linguistics, Faculty of Liberal Arts and Professional Studies, York University (internal reviewer)

**Site Visit:** March 25 & 26, 2013

The reviewers met with key administrative personnel, including senior academic leadership in the university and in the Faculty of Health. In addition there were opportunities to meet administrators in the Stong College which is associated with the Faculty of Health, the Director of Sports and Recreation and undergraduate and graduate students.

**Outcome:** The Joint-Committee on Quality Assurance concluded that the Decanal response adequately addressed the review recommendations. Follow-up report due **October 2016**.

**Summary**

Kinesiology and Health Studies’ strong graduate and undergraduate degree programs are comprehensive and aligned with the Faculty of Health’s priorities as well as those



of the University Academic Plan. Each program has well-defined program expectations that align to the relevant degree level expectations and learning outcomes for both graduate and undergraduate programs are well-defined. Undergraduate student satisfaction is quite good, and recent innovations to improve it include development of research opportunities for undergraduate students, the addition of experiential learning opportunities, and expanded numbers of online and blended courses. Graduate students report high levels of satisfaction with the educational and research opportunities identifying high quality of supervision, strong sense of community, supportive faculty and strong research focus as areas of strength. The review report provided a fulsome set of recommendations that addressed both units' concerns as well as several areas included in the decanal agenda of concerns. The Dean's Implementation Plan identified two developments "that will enable both the School and the Faculty of Health to address the challenges and opportunities facing KHS (noted by the reviewers) and sustain the excellence and lead position of its education and research programs." The plan responds to all recommendations enumerated in the conclusion of the report, provides clear timelines and identifies an individual or office responsible for overseeing the implementation. Many of the recommendations are curricular or programmatic and are under consideration by the graduate or the undergraduate program as part of the development of the Academic Plan 2015-2020.

Alice J Pitt, Vice-Provost Academic  
April 2015

